**General Duty Assistants** (GDAs) help nurses and other members of the healthcare team. They work within hospital or community settings under the guidance of a qualified healthcare professional. The role can be varied depending upon the area in which the person is employed.

They provide patient care and help maintain a suitable environment. They are also known as “Nursing Assistant”, “Nursing Aides”, “Bedside Assistants” or “Orderlies” when working in a hospital environment. Some of the tasks performed by GDAs are:

- Taking patients' temperature, blood pressure and pulse
- Changing surgical dressings/bandages
- Assist patients in and out of bed
- Bathe, dress, undress and otherwise assist with patients' hygiene needs
- Feeding patients and helping them exercise
- Help maintain a clean, comfortable environment
- Change linens and sheets
- When working in a home based environment, they also provide additional routine housekeeping services including purchasing food, and preparing and serving special diets to patients.

**Objective of the program:**

- Productively perform his duties as a General Duty Assistant or Patient Assistant from day 1 of his job.
- Have comprehensive knowledge and orientation regarding the Healthcare service delivery setup- Hospital, role holders and ecosystem.
- Have appreciation for the role of GDA and the long term career viability of this role.
- Be prepared to work in an organized healthcare setup with supporting skills of Basic English Speaking and IT usage.
- Have skills to face an interview to ensure placement.

**Elements of the Program:**

The program has been designed to ensure imparting skills for performing the job of a GDA. The program comprises of:

- Day in the life of a General Duty Assistant
- Dealing with patients
- Maintaining hygiene & cleanliness for patients
- Grooming & personal hygiene
- Assistance to nursing staff
- Hospital cleanliness
- Hospital beds
- Hospital bed making
- Admission process
- Transportation of patients
- Universal Safety Procedures
- Waste Management
- Briefing & Reporting

**Methodology:**

Instructor Led Learning, Video based learning, Group discussion, Situation handling activities, Role plays, Practical, Assessments.

**Benefits of the Program:**

- After attending this program, the participant would be able gain skills to operate as General Duty Assistant or Patient Assistant.

**Program Duration:**

- 164 hours spread over 42 days of classroom training
- 100 hours of OJT